

○ Remember to bring your up-to-date medication list with you each time you come to an emergency department, go to the hospital, go to your doctor, pharmacist or other health care professional.

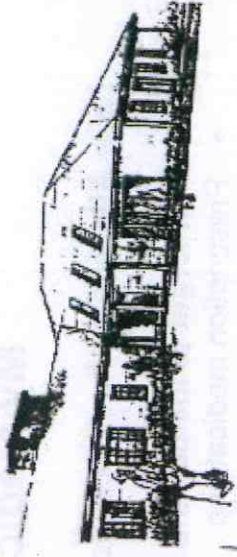
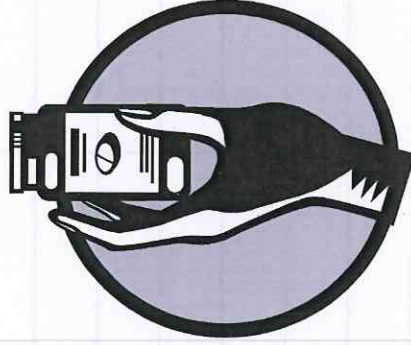
○ By knowing your medications and keeping an up-to-date medication list, you are taking responsibility for your medication safety.

○ If there isn't time to make a list, bring the medications in their original containers. Be sure to bring your non-prescription medications and natural medicines.

○ Tell your nurse or physician if you have changed the way you are taking your medication from how it was originally prescribed or if it is different from the directions on your prescription label.

○ Remember to tell the nurse, pharmacist and physician if you have any allergies to medications, food or latex.

○ Tell the nurse, doctor or pharmacist if you don't feel well after receiving a medication. If you are having a reaction or experiencing side effects, ask for help immediately.



**St. Anne Community and
Nursing Care Centre**

Your Medications and Safety

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Nursing Care Centre**

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"Working Together Toward Excellence"

